



48-Hour Ready Pack Personal Equipment

Reminder: WRITE YOUR NAME/INITIALS ON EVERYTHING—much of the gear you have other people have and it can easily be lost or misplaced. Gear provided by MCSO SAR, provided only once member dues have been paid.

ITEM	DESCRIPTION	PRICE RANGE	WHERE TO STORE			
			SEARCH PACK	SMALL PACK	READY BAG	ON PERSON*
Leather Gloves	Actual leather. <i>Highly recommend two pair</i>	\$8 - \$15				X
Waterproof Gloves	Snow gloves or waterproof shells	\$25 - \$100	X			
Warm Gloves	Wool or fleece	\$20 - \$50	X			
Winter Hat	Ski cap, stocking hat, balaclava, etc.	\$10 - \$40	X			
Socks	Three pairs (one to wear, two to pack). NOT cotton.	\$5 - \$30	X			X
Base Layer	Two pairs. Top and bottom (one to wear and one to pack), synthetic material or silk or wool, NOT cotton; (e.g. Under Armour or thermals).	\$20 - \$60 per piece	X			X
Shirt	2 Orange MCSO SAR shirts	Provided by MCSO SAR	X			X
Mid Layer	Includes two of each of the following- NOT cotton (one to wear and one to pack): <ul style="list-style-type: none"> Wool or fleece shirt/sweater Black pants (for winter) recommended; 	\$10 - \$50 per piece	X			X
Warm Jacket	Warm winter jacket, NOT cotton.	\$100 - \$300	X			
Boots	Good ankle support, waterproof (Gore-Tex), half-shank (preferably fiberglass), NO steel toe, snow capable. <i>Be cautious of boots with 'mesh' on the toes – they aren't waterproof</i>	\$100 - \$300				X
Rain Gear	Top and bottom, rubberized nylon or Gore-Tex. Poncho doesn't count as rain gear. <i>Recommended: Black colored pants.</i>	\$30 - \$200				X
Small Pack	School bag size or smaller, with pockets. Placed in ready bag.	\$25 - \$50			X	
Search Pack	50-65 liters (3,050 – 4,000 cubic inches) must be able to hold all required gear, internal frame, load lifters; NOT ultra-light.	\$120 - \$250	X			
Sleeping Pad	Closed cell, full length (inflatable pad NOT recommended).	\$10 - \$40				
Water Bladder	Two liters minimum, three liters recommended, with hose AND shut-off valve. <i>When packing and transporting your pack make sure the shut-off valve is OFF.</i>		X			
Water Bottle	Refillable, shatter resistant, 1 liter, wide-mouth, plastic (to accommodate team water filters), recommended brand: Nalgene.	\$7 - \$10		X		
Water Purification	Iodine tablets or comparable chemical purification required (additional pump or pen optional).	\$8 - \$12	X			
Parachute Cord	50 feet of 550 cord <i>Recommended: the real 7-strand core</i>	\$4 - \$8	X	X		
Knife/ Multi-tool	Sturdy knife with locking blade required. <i>Recommended multi-tool; Not fixed blade knife</i>	\$15 - \$40				X
Whistle	Plastic, NOT metal, without a ball (whistle on your pack clip is not appropriate) <i>Recommended: Fox40</i>	\$3 - \$5				X
Note Taking Kit	Kit must include: <ul style="list-style-type: none"> Small Notebook or notepad. <i>Recommended: 'All Weather Paper' (e.g. Rite in the Rain or Aqua Notes)</i> Pencil Ballpoint pen Permanent marker (Sharpie) Waterproof container/bag 	\$6 - \$16				X
Compass	Marked 2° increments, mirror, square base, oil filled.	Provided by MCSO SAR		X		
Watch	Waterproof, with a seconds-hand; or waterproof digital.	\$15 - \$50				X
Duct Tape	20 feet minimum (do not pack an entire roll)	\$4 - \$8	X	X		
Head Lamp	Minimum <u>60 meter</u> beam distance on high setting. <i>Recommended: LED with multiple brightness levels</i>	\$30 - \$50	X	X		
Backup light source	Flashlight or extra headlamp (your backup can be generic) – Not Glow Sticks	\$10 - \$30	X	X		

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Extra Bulbs	For all light sources with replacement bulbs. They should be included with the headlamp or flashlight in purchased new. <i>Extra bulbs not needed for LED Light Sources.</i>	\$3 - \$5	X	X		
Extra Batteries	Enough for your headlamp to burn 24 hours. Enough for all other electronic devices to function for 48 hours.	\$6 - \$15	X	X		
Fire Building Kit	Kit should include: <ul style="list-style-type: none"> 2 Waterproof containers: <ul style="list-style-type: none"> The first with Waterproof (or strike-anywhere) matches The second with Lighter 2 types of fire starters (such as fuel tabs, cotton balls covered in Vaseline, pieces of fire log like Presto Log) Piece of aluminum foil (approximately 4 inches x 4 inches – can be folded to store) 	\$3 - \$15	X			
First Aid Kit	For personal use will include: <ul style="list-style-type: none"> 2 Triangular Bandages 1 Roll of Athletic Tape 1 Ace Bandage 6 Antiseptic Wipes 6 Band-Aids 1 Piece of Moleskin 1 Small Pair of Scissors 1 CPR Mask or Barrier 3 Pairs of Medical Gloves 4 Sterile Gauze Pads (4 in. x 4 in.) <i>Please note that you are responsible for replacing these items when they are used out of your pack.</i>	1 st kit provided by MCSO SAR	X	X		
Meals	48 hours worth – 4 freeze-dried or heat-able meals <i>Recommended: Mountain House, MRE, FishPeople, etc.</i>	\$20 - \$36	X			
Snacks	48 hours worth – High protein, high carbohydrates (e.g. bars, trail mix, jerky, etc.)	\$8 - \$16	X	X		
Hand Sanitizer	Small bottle (at least 1 oz.)	\$1 - \$2	X	X		
Tarp	8 feet by 10 feet minimum. Blue, silver or bright colored – NOT cammo, green or brown. <i>Recommended: 10 feet x 12 feet size - don't go too big!</i>	\$6 - \$10	X			
Emergency Blanket	Heavy-duty, one side is typically red or blue and the other reflective; NOT thin foil-like mylar emergency blankets.	\$10 - \$20	X			
Wool or Synthetic Blanket	Fleece sleeping bag liner or blanket (6 feet by 6 feet)	\$6 - \$12	X			
Toiletries	Please bring and use these: <ul style="list-style-type: none"> Sanitary wipes (e.g. baby wipes) Deodorant Toothbrush Toothpaste Toilet paper Insect repellent Other personal hygiene items Sunscreen 	\$6 - \$15	X			
Prescription Meds	3-4 day supply kept in legal (original) containers		X			
Trash Bags	Heavy-duty 30-50 gal trash bag.	\$1 - \$3	X	X		
Cooking Pot	Large enough to boil 16 oz (2 cups) of water over an open fire. <i>Recommended: Pot with a lid</i>	\$18 - \$40	X			
Ready Bag	Sturdy bag to carry extra gear, and clothing for training/search that isn't required to be carried in pack. Pack your extra gear in a plastic bag.	\$15 - \$50			X	
Sleeping Bag	Should not be carried in pack. Required for some SAR training outings. <i>Recommended: Synthetic fill, 15° or cooler rating</i>	\$45 - \$200			X	

Optional Gear

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			SEARCH PACK	SMALL PACK	READY BAG	ON PERSON*
Pack Cover	Pack cover should be large or extra-large in size.	\$20 - \$40	X			
Saw or Hatchet	Not recommended: Axe	\$10 - \$50	X			
Gaiters	Strongly <i>strongly</i> recommended. Gore-Tex recommended.	\$30 - \$50				X
Sunglasses	Attachment to existing glasses is acceptable. <i>Recommended: Non-glass lens</i>	\$10 - \$100	X	X		
Clear Safety Glasses	Non-glass, clear, highly recommended.	\$5 - \$50	X			
Stove and Fuel		\$15 - \$100	X			
Change of Clothes	For after mission/outing. Keep in car or bring in 'extra pack'				X	
Cup or bowl and eating utensil	This may be required for eating/making food or drinking hot beverages.					

* Or easily accessible if weather or activity does not required.